What is the best food to feed a Crested Gecko?

Reptiles · https://shirleyaquatics.co.uk/knowledge/what-is-the-best-food-to-feed-a-crested-gecko-2/

Crested geckos are omnivorous lizards found in subtropical forests in New Caledonia. They are small, charming lizards that can be handled and have a docile temperament. A large part of their natural diet is nectar, pollen, and fruit. This can be replicated in a captive setting by using prepared diets such as Repashy.

Repashy will provide all of the nutrition, vitamins and minerals needed to keep your Crestie happy and healthy and are formulated specifically for crested geckos.

Repashy also comes in various different flavours to further entice the crested gecko to feed, these include mulberry, mango, grubs and fruit and crested gecko classic. Prepared foods are used as part of a varied diet that can also include:

- Mashed fruits – mango, pear, blueberry, banana and peach
- Live foods – crickets, locusts, waxworms and moths
- Honey and pollen